



# **CANCER SERVICES RESOURCE DIRECTORY**

**Covering Albany, Schenectady and Rensselaer Counties**

Provided by:

**THE CAPITAL REGION CANCER SERVICES CONSORTIUM**

*Here to help you navigate through the cancer experience.*

**January 2010**

**MISSION STATEMENT:**

The **Capital Region Cancer Services Consortium** includes cancer community providers who network, collaborate and advocate to increase the awareness, availability, and accessibility of programs and services for those touched by cancer.

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***Consortium Members Include:***

- Albany Law School & Justice Center
- American Cancer Society
- Breast Cancer Options
- Cancer Treatment Center at Samaritan Hospital
- Capital District Physicians' Health Plan, Inc.
- Capital Region Against Breast Cancer
- Community Caregivers
- Community Care Physicians
- The Community Hospice
- Columbia County Healthcare Consortium
- Gilda's Club, Capital Region New York
- Jewish Family Services
- The Leukemia & Lymphoma Society
- Lung Cancer Alliance
- MVP Healthcare
- National Cancer Information Cancer information Service
- Neighborhood Health Advocate Program in West Hill
- New York Oncology Hematology
- New York State Department of Health Cancer Services Program
- Ordway Research
- Saint Peter's Hospital Cancer Care Center
- Samaritan Hospital Women's Health Center
- Susan G. Komen for the Cure, Northeastern New York Affiliate
- To Life!

**For more details on the resources listed or for additional resources, please contact the American Cancer Society at 800-227-2345 or (518) 454-4006.**

***PLEASE NOTE THAT SEPARATE DIRECTORIES ARE AVAILABLE FOR OTHER COUNTIES.***

**For organizations to report additions or updates to this directory, please contact Susan Gesten at The Leukemia & Lymphoma Society at (518) 438-3583 or [susan.gesten@LLS.org](mailto:susan.gesten@LLS.org)**

**To view this directory online, please go to the following link at the New York State Cancer Consortium:**

[http://nyscancerconsortium.org/resources/resources\\_documents.aspx](http://nyscancerconsortium.org/resources/resources_documents.aspx)

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## ORGANIZATIONS AND THEIR SERVICES (In alphabetical order with type of service underlined)

### **Advanced Care Inc.**

23 Walk Way  
Albany, NY 12205  
(518) 218-1772/800-582-3409

**DME/HME Products**  
**Home Care Services**

### **Albany Housing Coalition, Inc.**

278 Clinton Avenue  
Albany, NY 12210  
(518) 465-5251

684 Madison Avenue  
Albany, NY 12208  
(518) 465-290

**Housing:** This is a neighborhood nonprofit organization that provides affordable housing and access to supportive services in the city of Albany. They provide a free Affordable Apartment List twice per month and provide housing counseling as well as some transitional and permanent housing.

### **Albany Law School Clinic & Justice Center**

80 New Scotland Rd.  
Albany, NY 12208  
(518) 445-2328

[www.albanylaw.edu](http://www.albanylaw.edu)

**Legal Assistance:** The Legal Clinic consists of five programs that provide free legal services to eligible low income individuals and families for a variety of legal issues involving health law, domestic violence, low income taxpayer assistance, civil rights and disabilities and unemployment benefits. The Health Law program provides direct legal services to individuals and families affected by chronic medical conditions, including cancer, who live in Albany, Rensselaer and Schenectady Counties.

### **Albany Medical Center Radiation Oncology**

43 New Scotland Avenue  
Albany, NY 12208  
(518) 262-3368

**Service Providers/Support Services**

### **All Metro Health Care Services**

1450 Western Ave.  
Albany, NY 12204  
(518) 426-0283

**Home Care Services**

### **American Cancer Society (ACS)**

260 Osborne Rd  
Loudonville, NY  
800-227-2345, (518) 454-4005

[www.cancer.org](http://www.cancer.org)

**Financial Assistance:** Mileage reimbursement to treatment. There is a lifetime limit of \$400 of which \$100 may be used PER OUR FISCAL YEAR which is September 1-August 31. If a recurrence occurs within the same fiscal year, that individual maybe eligible for more mileage re-imbusement. We can also provide assistance in locating other resources for assistance .

**Health Education:** Free material is available on most cancers and treatment processes by calling 800-227-2345 or by visiting the website, [www.cancer.org](http://www.cancer.org).

**Housing:** There are 22 Hope Lodges located across the United States. They offer safe, home-like free temporary lodging to cancer patients and their loved ones while receiving treatment. In the northeast, locations include Buffalo, Rochester and New York City in New York, Worcester and Boston, Mass.

**Caregivers/Support Services:** A variety of supports, resources and information are available to persons affected by cancer. One-on-one support to persons with prostate or breast cancer is available through *Man to Man* and *Reach to Recovery*, respectively. *Look Good...Feel Better* (a service to combat the visual effects of treatment) provides a free make-up and skin care kit to women going through treatment who attend local sessions. *Man to Man Prostate Education and Support Group* is available at Glens Falls Hospital and Saratoga Hospital. *Road to Recovery* is a program offering transportation for cancer patients to their treatment appointments (chemo, radiation and hormone) and is based on volunteer driver availability.

**Transportation:** This supplemental service utilizes volunteer drivers for transportation specifically for cancer treatment appointments (radiation, chemotherapy, hormone) to patients who are ambulatory. Three business days' notice is suggested as availability is subject to the availability of volunteer drivers. Call (800) 227-2345.

**Wigs, Prosthesis and Accessories:** Free wigs, scarves or other accessories are available for persons in cancer treatment. Items that are available have been donated by wig manufacturers and area salons.

## **American Lung Association**

3 Winners Circle  
Albany, NY 12205  
(518) 453-0172  
[www.alanys.org](http://www.alanys.org)

**Support Services/Smoking and Tobacco Cessation:** The American Lung Association of New York State has many programs and strategies for fighting lung disease. Included is their *Freedom From Smoking* programs.

## **Andrew's Warriors**

(518) 273-8020

**Support Services:** Organization established to highlight the bravery in the life of children or teens faced with a serious illness. Programs include special gold medal ceremonies, "God Bless America!" limited edition posters, international themes hospital visit, bedside clown visits and puppet shows, and "Warrior Walks" raising money for the cure for childhood brain cancer.

## **Anthem**

57 Karner Rd.  
Albany, New York 12205  
(518) 862-1247

**DME/HME Products**

## **Apria Healthcare**

12 Petra Lane  
Albany, NY 12205  
(518) 452-4951/1-800-342-4004

**DME/HME Products**

## **Associated Healthcare**

6 Bridge Ave  
Cohoes, NY 12047  
(518) 233-9382/800-287-0045

**DME/HME Products**

## **Associates in Mental Health**

2310 Nott Street East  
Niskayuna, NY 12309  
(518) 372-6080

**Counseling and Bereavement Services**

## Blue Shield of Northeastern New York

Health Information Line: 1-877-878-8785

Email: [Lestage.rebecca@healthnow.com](mailto:Lestage.rebecca@healthnow.com)

### Advocacy and Case Management

## Bravehearts

249 Georgetown Court

Albany, NY

(518) 454-2064

[www.braveheartscamp.org](http://www.braveheartscamp.org)

Contact: Karen Haag, President

**Camp and Retreats:** Offering women dealing with cancer a variety of weekend retreats to suit their needs and interests. Camp Bravehearts offers 5 different camping weekends a year.

## Camp Erin

c/o The Community Hospice

(518) 694-4980

[www.moyerfoundation.org/events/erin.aspx](http://www.moyerfoundation.org/events/erin.aspx)

**Camps and Retreats** Camp Erin is a camp for grieving children ages 6-17 who've lost someone close. It is a free overnight camp organized and funded by the Community Hospice with help from a grant from the Moyer Foundation. Kids participate in games, activities, music, and arts and crafts with others dealing with the same kind of loss. The next Camp Erin is tentatively scheduled for Friday, Sept. 25 through Sunday, Sept. 27, 2009 at the facilities of Camp Fowler on Sacandaga Lake in Speculator, NY. There will be free bus transportation from a central point in the Capital Region. To receive a brochure, a registration packet or more information, please call Barbara Kipniss at (518) 694-4980.

## Camp Kesem Saint Rose

P.O. Box 66223

Albany, NY 12206

(845) 417-5364

[www.campkesem.org](http://www.campkesem.org)

Contact: Kristin Fenn

**Camps and Retreats:** Camp Kesem is a college student run summer camp for kids with a parent who has (or had) cancer. The one-week sleep away camps are a chance for kids 6-13 to have a fun-filled week and just be kids. The focus of the camp is to give campers the most fun week possible while providing the extra support and attention that they need. The actual location of the camp is at Camp Eagle Hill in Elizaville, NY.

## Camp Lighthouse

Breast Cancer Options

101 Hurley Avenue, Suite 10

Kingston, NY 12401

(845) 339-HOPE (4673)

[www.breastcanceroptions.org](http://www.breastcanceroptions.org)

**Camps and Retreats:** Camp Lighthouse is an overnight camp for the children of breast cancer survivors. Held in August at the Omega Institute campus in Rhinebeck, NY, it provides a safe, nurturing and fun-loving environment with professional staff members. There is a balance between having fun and participating in activities along with an opportunity to express feelings and talk about their individual situations.

## CancerCare, Inc.

275 7<sup>th</sup> Ave, 22<sup>nd</sup> Floor

New York, NY

800-813-4673

[www.cancer.org](http://www.cancer.org)

**Counseling Services/Support Services:** CancerCare is a national nonprofit organization that provides free, professional support services to anyone affected by cancer: people with cancer, caregivers, children, loved ones, and the bereaved. CancerCare programs – including counseling, education, financial assistance and practical help – are provided by trained oncology social workers and are completely free of charge. Founded in 1944, CancerCare now

provides individual help to more than 91,000 people each year, in addition to the 1.6 million people who gain information and resources from its website.

**Financial Assistance:** CancerCare social workers can provide guidance about financial benefits and sources of help. CancerCare also provides limited grants to people with certain kinds of cancer and for people in certain locations. Generally, CancerCare grants are for transportation to treatment, home care and child care needs. CancerCare grants are not for basic living expenses. The costs that can be covered is subject to change. The most current information on their grants can be found on [www.cancercares.org](http://www.cancercares.org).

### **Cancer Services Screening Program (New York State Dept. of Health)**

Albany and Rensselaer Counties: (518) 454-4000  
Schenectady County: (518) 374-3394  
Other NYS Counties: (866) 442-CANCER (866\_442-2262)

#### **Service Providers/**

**Uninsured/Underinsured/Insurance:** Provides free breast, cervical and colorectal cancer screenings to uninsured and underinsured men and women who cannot pay for these services. Diagnostic services are covered. Eligibility for specific screenings is as follows:

Pap Tests – women age 18 and older

Mammograms – women age 40 and older (note that women with a family history of breast cancer are eligible at a younger age)

Colorectal Cancer Screenings – men and woman age 50 and older and those at high risk

### **Cancer Treatment Center at Samaritan Hospital**

2215 Burdett Ave.  
Troy, NY 12180  
(518) 271- 3775

Lymphedema Management Program

Albany Memorial Hospital: (518) 471- 3195  
Samaritan Hospital: (518) 271- 3407

Medical Oncology: (518) 271-3231 - option #1

P.E.T/ CT Advanced Oncology Imaging: (518) 271-3482

Psychosocial Counseling and Support: (518) 271- 3152

Radiation Oncology: (518) 271-3775

Resonance Massage and Energetics: (518) 271 -3288

Women's Health Center and Breast Cancer Patient Navigation: (518) 271- 3288

**Service Providers/Support Services:** Providing a comprehensive array of patient services from screening, prevention and early detection to advanced treatment options. Access to patient navigators to assist a individual in their cancer journey and support of integrative wellness services and programs.

### **Capital District Physicians' Health Plan, Inc. (CDPHP)**

500 Patroon Creek Blvd.  
Albany, NY 12206  
[www.cdphp.com](http://www.cdphp.com)  
Case Management Confidential Intake Line: (518) 641-3466  
Toll-free at 1-866-629-9387

**Advocacy and Case Management:** The goal of the CDPHP case management program is to help members access needed services and available resources to promote cost-effective quality outcomes.

### **Capital District Urologic Surgeons, PC.**

web site: [www.albanyurology.com](http://www.albanyurology.com)  
*Multiple Locations:*

Albany Office

319 Manning Blvd.  
Suite 106  
Albany, NY 12208  
(518) 438-1019

Saratoga Office  
19 West Avenue  
Suite 103  
Saratoga, NY 12866  
(518) 583-0111

**Service Providers:** Their goal is to offer the very highest quality of urologic care to patients. CDUS was established in 1978, and has grown to include eleven physicians and two nurse practitioners. Each of their providers has his or her own patient practice, and will provide care in the office and hospital setting. Their physicians work as a

team, and if one is unavailable to address an urgent patient matter, their staff will promptly notify an available CDUS physician. In this way they provide 24 hour coverage for their patients. Services for Cancer patients include: urologic oncology (prostate, kidney, bladder and testicular cancers), laparoscopy/prostate diseases. Capital District Urology was the first urology group to bring the da Vinci robot for Prostate surgery to the capital district.

### **Capital District Transportation Authority (CDTA) – Simple Fare**

**Transportation:** The CDTA bus system offers low-cost transportation and half fare rates for seniors and persons with disabilities.

### **Capital Region Action Against Breast Cancer (CRAAB)!**

125 Wolf Rd., Suite 124  
Albany, NY 12205  
(518) 435-1055

Contact: Joan Sheehan, Co-President

**Health Education:** This organization offers various workshops including topics related to preparing women to undergo surgery, radiation, and/or chemotherapy; workshop to help women identify and obtain quality breast cancer care; life coaching for breast cancer survivors; and many other topics. Services and most events are free. Please call for information and upcoming events.

**Support Services/Wellness Programs:** *Lebed* Therapeutic Dance and movement – gentle therapeutic exercise and dance classes for breast cancer patients and survivors and persons with lymphedema. No special abilities or coordination are needed, but pre-registration and health care provider's permission are required. Please call for forms. This program is held at Gilda's Club at 1 Penny Lane in Latham.

*Gentle Yoga and Medication* – free classes for breast cancer survivors and their caregivers. Free-registration and health care providers permission are required. Please call for forms. This program is held at The Yoga Loft, 540 Delaware Ave in Albany. These classes are free

### **The Caregiver Connection of Senior Services of Albany**

(518) 465-1398

**Caregiver and Respite Services**

### **Caregivers Respite Program**

100 Slingerlands Street  
Albany, NY 12202  
(518) 449-2001

**Caregiver and Respite Services:** Assistance to in-home care givers of patients. Respite care in the home, at a daycare for adults, or adult home.

### **Caring Together, Inc.**

Ovarian Cancer Support Group  
P.O. Box 12383  
Albany, NY 12212-2383

(518) 783-7600 (voice mail - leave a message & your call will be returned)

[www.caringtogetherny.org](http://www.caringtogetherny.org)

**Support Services:** Offering support to individuals and those affected by ovarian cancer.

## **Catholic Charities**

(see specific locations below)

### **Albany County**

(518) 453-6650

**Emergency Services:** Multiple services are available for those in crisis or emergency situations including referrals and some possible financial assistance depending on fund availability.

**Rensselaer County:** CONCERNS-U handles all their emergency services

(518) 463-8571

**Emergency Services:** Multiple services available for those in crisis or emergency situations including a food pantry.

**Schenectady County:** SCAP (Schenectady Community Action Program)

(518) 374-9181

**Emergency Services:** Multiple services are available for those in crisis or emergency situations including referrals and some possible financial assistance for heat and utilities.

**Housing:** Some permanent housing options available as well as emergency housing.

## **Catie Hoch Foundation**

(518) 877-7539

[www.catiehochfoundation.org](http://www.catiehochfoundation.org)

**Financial Assistance/Support Services:** Dedicated to helping kids take a break from cancer by providing crafts and treats on holidays and treating children to a day off from the hospital to do something fun. The Foundation pays for housing during treatment and purchases medical equipment for doctors.

## **The Center for Childhood Cancer & Blood Disorders at Albany Medical Center**

43 New Scotland Avenue

Albany, NY 12208

(518) 262-5513

**Service Providers/Support Services:** Comprehensive pediatric oncology services.

## **Centro Civico**

143 East Main Street

Amsterdam, NY 12010

(518) 842-3762

**Advocacy:** The mission of Centro Civico, a Latino organization with the ability to generate unique services for all cultures, is to educate the community and act as a vehicle for self-sufficiency and growth.

## **Cindy's Comfort Camp- For Children and Teens**

The C.R. Wood Cancer Center at Glens Falls Hospital

102 Park St.

Glens Falls, NY 12801

(518) 926-6515 for information & registration – Gerry Florio

**Camps and Retreats:** Cindy's Camp Comfort is for children and teens (ages 6-17) who have experienced the death or serious illness of a parent or close relative. Held at Double "H" Hold in the Woods Ranch in Lake Luzerne, NY. Camps are one weekend long each spring and fall. Please call for dates.

## **Cindy's Retreat – For Adults**

The C.R. Wood Cancer Center at Glens Falls Hospital

102 Park St.

Glens Falls, NY 12801

[www.cindysretreat.com](http://www.cindysretreat.com)

(518) 926-6619 for information & registration – Karen Cook

**Camp and Retreats:** Cindy's Retreat is a camp for women with cancer that offers support through a variety of activities to explore the impact of cancer and skills for survivorship. It meets one weekend each Spring and Fall at Silver Bay on Lake George. Pre-registration is required.

## **Cleaning for a Reason Foundation**

Glenville, NY

[www.cleaningforareason.org](http://www.cleaningforareason.org)

**Service Providers:** Affiliated with Life Maid Simple cleaning services, this foundation offers free professional housecleaning and maid services to women undergoing treatment for any type of cancer. Patients must submit a brief online application for going to their website.

## **Community Caregivers**

2113 Western Ave.

Guilderland, NY 12084

(518) 456-2898

[www.communitycaregivers.org](http://www.communitycaregivers.org)

**Caregiver and Respite Services/Service Providers:** Volunteers will visit, talk and read to those that are ill or disabled, but primary caregiver must stay nearby.

**Nutrition/Food:** Simple meals available for individuals or families temporarily unable to provide for themselves or for persons with chronic conditions. Will deliver food from local food pantries.

**Transportation:** Provides transportation for disabled, elderly and non-driving persons for medical appointments, personal care services, prescription pick-up and shopping.

***Serving Altamont, Guilderland, Bethlehem, New Scotland communities***

## **The Community Hospice**

[www.communityhospice.org](http://www.communityhospice.org)

**Caregiver/Respite Services/Home Care/Service Providers/Support Services:** The Community Hospice works with patients and families to help them treasure the life they have and live every day to the fullest. They focus on the things in life that really matter to their patients and assist them as they set goals and embrace life. When life is measured in months instead of years, or even when there is less time than that, Hospice services enhance quality of life. Their services include comprehensive health care for persons with advanced illness, assistance with social service concerns, emotional and spiritual support for patients and families, and bereavement services for grieving children and families.

**Counseling and Bereavement Services:** Support Groups, Memorial Services, Referrals, Education, Counseling-personal and family, Community Crisis Intervention. The Community Hospice Grief center offers these services to the public throughout a seven county area free of charge, based exclusively on grants and contributions.

Wave Riders Support Groups for Grieving Children, Teens and Families: For children ages 3-18 who have experienced the death of someone significant in their lives. A safe environment is provided for children to share their grief and seek healing and growth through art therapy, music and discussion. Fall and spring age-appropriate groups available with a parent educational support group on children's grief offered concurrently. Open to community, free of charge, at Albany, Rensselaer and Schenectady Community Hospice locations. Grief educational materials, presentations and trainings are available upon request.

The Regional Offices are as follows:

### **Community Hospice of Albany County**

445 New Karner Road

Albany, NY 12205

(518) 724-0200

### **Community Hospice of Rensselaer County**

295 Valley View Blvd.

Rensselaer, NY 12144

(518) 285-8100

### **Community Hospice of Schenectady County**

1411 Union Street

Schenectady, NY 12308

(518) 377-8846

**Palliative Home Care Programs of the Community Hospice, Inc.**

159 Wolf Road  
Albany, NY 12205  
(518) 694-4973

Community Hospice Palliative Care Program is a home care demonstration project that provides expanded services to patients living with serious illness, who may have a prognosis of more than six months and may be pursuing curative treatments. This is a collaboration among The Community Hospice, Inc., Eddy Visiting Nurse Association, St. Peter's Home Care and Visiting Nurse Service Association of Schenectady.

**CORAM**

1 Charles Blvd.  
Guilderland, NY 12084  
(518) 869-6613

**DME/HME Products**  
**Home Care Services**

**Department of Social Services**

*Multiple Locations:*

Albany County DSS:  
162 Washington Ave.  
Albany, NY 12221

(518) 447-7300 General Information  
(518) 447-7458 Medicaid  
(518) 447-7653 Temporary Assistance

Menands Office: (518) 449-4900 (food stamps, Medicaid, public and temporary assistance)

Rensselaer County DSS:  
133 Bloominggrove Dr.  
Troy, NY 12180  
(518) 283-2000

Schenectady County DSS:  
487 Nott Street  
Schenectady, NY 12308  
(518) 388-4470

**Financial Assistance**

**Dignity Resources, Inc.**

(877) 563-2100

[www.dignityresources.com](http://www.dignityresources.com)

**Financial Assistance:** Non-profit organization created to help people understand the assets and financial options available to them during a serious or life-threatening illness and assist them in making the most informed choices possible given their particular life situation assets, and needs.

**Double H Ranch**

97 Hidden Valley Road  
Lake Luzerne, NY 12846  
(518) 696-5676

[www.doublehranch.org](http://www.doublehranch.org)

**Camps and Retreats:** Double H Ranch provides an outdoor Adirondack Adventure for children ages 6-16 who have a chronic or life-threatening illness through its residential summer camp program and the off-season Adaptive Ski Program.

**Embryology Network**

Albany Memorial Hospital  
600 Northern Blvd., Room 320  
(518) 434-9006

**Fertility Services/Sperm Banking:** Services for patients concerned with fertility issues related to cancer treatment. They specialize in embryology and sperm-freezing.

### **Empire Justice Center**

119 Washington Avenue  
Albany, NY 12210  
(518) 462-6831  
[www.empirejustice.org](http://www.empirejustice.org)

**Legal Assistance:** Non-profit firm that provides legal assistance to those in need.

### **Fidelis Care**

8 Southwoods Blvd.  
Albany, NY 12211  
(518) 445-3969  
[www.fideliscare.org](http://www.fideliscare.org)

**Uninsured/Underinsured/Insurance:** This not-for-profit management care plan offers Family Health Plus and Child Health Plus Medicaid Manage Care programs. These programs are offered in 36 counties throughout New York state and provide free or low cost comprehensive health coverage including medical, dental, vision and pharmacy. Programs are based on household income and household size. Service is available in English, Spanish, Chinese and Russian. Please call for additional information and service.

### **First Impressions Boutique**

1720 Central Ave.  
Albany, NY 12203  
(518) 869-2596  
[www.newhairtowear.com](http://www.newhairtowear.com)

**Wigs, Prosthesis and Accessories:** This boutique provides a comfortable and private atmosphere to try on wigs, hairpieces, headscarves and turbans. Although they do not participate with health insurance providers, most synthetic wigs can be purchased for under \$150.00. Open Tuesdays through Saturdays.

### **Food Pantries for the Capital District**

Albany, NY  
(518) 458-1167

**Nutrition/Food:** This service provides the locations of food pantries in the capital district. It is open for calls weekdays from 8:30 am until 4 pm to help individuals find the pantry closest to their address. The food pantries provide groceries for at least 3 days for those in need.

### **Gilda's Club of the Capital Region**

1 Penny Lane  
Latham, NY 21110  
(518) 782-9833  
[www.gccrny.org](http://www.gccrny.org)

**Support Services/Wellness Promotion and Recreation:** Gilda's Club is a warm and welcoming place where adults and children whose lives are touched by cancer can join together to create social and emotional support as a complement to medical care. It is not about cancer, it is about people. Free of charge, Gilda's Club offers support and networking groups, educational workshops, wellness programs, social events and Noogieland for kids.

### **Harold L. Bloch Cancer Resource Center**

Capital Region Health Park  
713 Troy-Schenectady Rd., Suite 122  
Latham, NY  
(518) 213-0318  
(800) ACS-2345 or (518) 213-0318

**Support Services:** Partnering with the American Cancer Society, this site offers a lending library of information on various cancers, wellness topics, complementary therapies, and access to an extensive database of local and national resources and scientifically-based information on all cancers and treatment options. Sessions on various topics including yoga, massage, physical fitness, and others are offered by volunteers. This office is open Monday, Wednesday and Fridays 8am-noon and Tuesdays and Thursdays from noon-4pm or by appointment.

## **Haven Grief Counseling Center**

The Jay Schechter House  
703 Union Street  
Schenectady, NY 12305  
(518) 370-1666

**Counseling and Bereavement Services:** Program offers support and services to those who are grieving or have experienced the death of a loved one. Serves parents, guardians, teens and children ages 4-18. One-on-one counseling, support groups, programs for bereaved children and educational programs available.

## **Home Instead**

3 Chestnut  
Albany, NY 12210  
(518) 437-0014

**Caregiver/Respite:** Home Instead Senior Care is the world's largest provider of comprehensive companionship and home care services for seniors. Our services are designed for practically any living arrangement where an older adult simply needs human interaction and help with day-to-day activities. This is a fee-based service.

## **Image Guided Radiation Therapy**

Suite 124  
713 Troy-Schenectady Road  
Latham, NY 12110  
(518) 213-0305

**Service Providers/Support Services**

## **Jewish Family Services**

877 Madison Avenue  
Albany, NY 12203  
(518) 482-8856

**Support Services:** Provides a wide range of free or reduced cost support services for individuals, couples and families in crisis or experiencing emotional or mental stress.

## **Joe's House**

877-563-7468  
[www.joeshouse.org](http://www.joeshouse.org)

**Housing:** The mission of Joe's House is to be a housing resource for cancer patients and their families who must travel away from home for medical treatment. As such, they have designed a site that lists cancer treatment centers and lodging facilities in many states. Interested individuals may sign up for an online newsletter to see updates on the organization as it grows.

## **Karing for Kids**

(518) 386-0739

**Financial Assistance/Support Services:** Provides financial support through fund-raising, emotional support, outreach and advocacy for families of children facing a life threatening illness.

## **Legal Aid Society of Northeastern NY**

55 Colvin Ave.  
Albany, NY  
(518) 462-6765 or (800) 462-2922  
[www.legal-aid.org](http://www.legal-aid.org)

**Legal Services:** Offers free or reduced cost legal services for cancer patients as well as low income families and homeless persons.

## **The Leukemia & Lymphoma Society (LLS)**

5 Computer Drive West, Suite 100

Albany, NY 12205  
(518) 438-3583 or toll-free (866) 255-3583  
[www.ils.org](http://www.ils.org)

**Financial Assistance:** The *Patient Financial Aid Program* provides a \$150 stipend per fiscal year (July 1 – June 30) for any blood cancer patient. This includes those with leukemia, lymphoma, myeloma, myelodysplastic syndrome or Waldenstrom Macroglobulinemia. There is no income requirement for this program but a one-page application must be submitted with a doctor's signature. *Co-pay assistance program* is also available for drug co-pays or health insurance premiums. A maximum of \$5,000 per year is available for patients with certain blood cancer diagnoses with income levels within 500% of the Federal Poverty Guidelines. Those interested must call the Co-Pay Assistance Line at (877) 557-2672 to apply.

**Health Education:** Free up-to-date informational booklets and a comprehensive website on all blood cancers. Free local educational programs, national webcasts and teleconferences are offered. A free lending library at the chapter office is available on diseases, coping, survivorship, nutrition and bereavement.

**Support Services:** Support and guidance to patients, families and healthcare professionals. The local chapter is available to provide information and guidance. *Support groups* - local support groups for adults with leukemia, lymphoma, myelodysplastic syndromes and myeloma, young adults with cancer as well as disease specific telephone groups. Please contact the local chapter for ongoing or special groups. Adult Blood Cancer Group: 2<sup>nd</sup> Wednesday of the month, Gilda's Club; Young Adult Cancer Group: (18-35 years old) 1<sup>st</sup> Thursday of the month.

*First Connection-Peer Support:* This program provides patients and families the opportunity to share experiences with someone who has successfully treated for the same diagnosis. Please contact the chapter to arrange a First Connection call.

*Trish Greene Back to School Program:* This program fosters communication among health professionals, parents, young patients and school personnel in preparation for a smooth transition to school after a cancer diagnosis. Informative materials, videos and local programs for teachers and school nurses are available.

*National Information Resource Center:* Information specialists-professional social workers and nurses are available by phone (800-955-4572) or email ([infocenter@ils.org](mailto:infocenter@ils.org)) to provide current information on blood cancers, treatments, clinical trials and coping.

## Lifeline

800-LIFELINE (543-35463)

**Emergency Assistance:** Personal emergency response system to insure fast emergency help at the touch of a portable button, which is worn by the subscriber. Available 24 hours a day, 7 days a week.

## Lung Cancer Alliance – Capital Region

24 Warren St.

Albany, NY 12203

(518) 482-3142 and 24-hour support, information and referral line - (800) 298-2438

[www.lungcanceralliance.org](http://www.lungcanceralliance.org) (provides information about symptoms, early disease management, treatments, living with the disease, lung cancer related news and advocacy issues.

[www.screenforlungcancer.org](http://www.screenforlungcancer.org) (provides information on the importance of screening and the screening process)

E-mail: [LcaCapRegion@gmail.com](mailto:LcaCapRegion@gmail.com)

This is the only non-for-profit lung cancer organization dedicated solely to patient support and education and advocacy of the community and public officials.

**Advocacy:** An advocacy group meets monthly, currently at 6 p.m.. Please E-mail for current meeting information.

**Support Services:** Services include a phone buddy system (peer-to-peer telephone network), clinical trials matching service, newsletter, and an on-line support community.

## Make-A-Wish Foundation

950 New Loudon Rd.

Latham, NY 12110

(518) 782-HOPE (4673)

**Support Services:** Grants wishes to children between the ages of 2 ½ and 18 with life-threatening medical conditions to enrich the human experience with hope, strength and joy.

## MVP Health Care- Case Management Services

1-800-568-0458

1-888-MVP-MBRS (687-6277) for after hours and weekends

**Advocacy and Case Management:** The MVP Case Management Program is designed to meet the needs of members who experience a high-risk, complicated, or life-threatening medical condition. Case Managers are registered nurses with a special training and certification. They help to coordinate care and answer questions.

## National Cancer Institute Cancer Information Service

(518) 271-3534

[www.cancer.gov](http://www.cancer.gov)

**Clinical Trials/Support Services:** Source for cancer information for patients, families, the public and health professionals.

## Neighborhood Health Advocate Program in West Hill

553 Clinton Avenue

Albany, NY 12206

(518) 442-5833

[www.cfcr.org/nhap](http://www.cfcr.org/nhap)

**Advocacy:** Through the assistance of lay advocates from participating faith-based communities, West Hill seniors will access needed health and social services. This program does not replace any existing services, but it will enhance the utilization of such services by West Hill seniors and their caregivers.

## New York State Cancer Consortium

1400 Winton Rd. North

Rochester, NY 14609

[www.nyscancerconsortium.org](http://www.nyscancerconsortium.org)

(585) 288-1951, ext. 115

Contact: Kristina Hawes, Coordinator of Local Implementation

e-mail: nyscccp@cancer.org

**Advocacy:** The New York State Cancer Consortium is a network of organizations and individuals across New York State who have come together to implement the New York State Comprehensive Cancer Control Plan, a strategic plan for cancer control. Their mission is to 'reduce the human and economic burden of cancer in New York State.' Their vision is that people concerned about cancer will work collaboratively to implement the New York State Comprehensive Cancer Control Plan, while respecting and embracing the cultural, demographic and geographic diversity within New York State. This is best summed up as, "Working Together, Reducing Cancer, Saving Lives."

## New York Oncology Hematology (NYOH)

[www.newyorkoncology.com](http://www.newyorkoncology.com)

*Multiple Locations:*

NYOH Albany

400 Patroon Creek Blvd.

Suite 1

Albany, NY 12206

(518) 489-0044

NYOH Albany

at Albany Medical Center

43 New Scotland Avenue

Albany, NY 12208

(518) 262-6696

Stem Cell Transplant- (518) 262-6696

PET/CT Imaging – (518) 262-9000

NYOH Amsterdam

1700 Riverfront Center

Amsterdam, NY 12010

(518) 843-0020

NYOH Gloversville

182 Steele Ave

Gloversville, NY

(519) 725-9100

NYOH Hudson

69 Prospect Ave

Hudson, NY  
(518) 822-8484

NYOH Latham  
1003 Loudon Rd/PO Box 610  
Latham, NY  
(518) 786-3122  
CT Scan Department – (518) 786-3122  
Hematology Office – (518) 786-7723

NYOH Rexford  
896 Riverview Rd  
Rexford, NY  
(518) 399-4600

NYOH Saratoga  
31 Myrtle St.  
Saratoga Springs, NY  
(518) 587-7670

NYOH Troy  
2220 Burdette Ave  
Suite 106  
Troy, NY 12180  
(518) 272-2097

**Service Providers/Support Services:** Call 786-3122 to locate a support group; brain tumor support group, call 262-6696.

**Clinical Trials:** NYOH participates in Phase I/II and III clinical trials involving chemotherapy, immunotherapy, radiation therapy and stem cell transplantation. They participate in National Cancer Institute (NCI) sponsored research through the Eastern Cooperative Oncology Group (ECOG), and the National Surgical Adjuvant Breast and Bowel Project (NSABP), as well as studies from US Oncology and Radiation Therapy Oncology Group (RTOG). Visit [www.newyorkoncology.com](http://www.newyorkoncology.com) and click on “Clinical Trials” for study information, current open studies, and contact information. Or, call Sharon Krause, 518-786-3122.

### **New York State Office for the Aging**

2 Empire Plaza, 6<sup>th</sup> Floor  
Albany, NY 12223  
(518) 474-3585

**Caregiver Assistance/ Housing/ Nutrition/Food:** Toll-free Senior Citizen Help Line: 1-(800) 342-9871 Open Monday – Friday 8:00 AM to 4:00 PM The Help Line Provide information about programs and services for the elderly of New York State, including housing.

### **New York State Quitline**

1-866-NY-QUITS (1-866-697-8487)  
<http://www.nysmokefree.com>

**Smoking and Tobacco Cessation:** the NYS Quitline offers free starter kit of nicotine patches, gum or lozenges for eligible NYS smokers. Trained quitline specialists are there to offer help with quit plans and to provide information and local stop smoking programs. Local programs are listed on the website.

### **New York State Department of Health/ Cancer Services Program**

Cancer Services Program/Bureau of Chronic Disease Services  
River View Center  
150 Broadway, 3rd Floor West  
Menands, NY 12204  
(518) 474-1222  
[www.health.state.ny.us](http://www.health.state.ny.us)

**Support Services:** The program provides public and provider education about cancer prevention and early detection and maintains a quality improvement program to ensure the quality of clinical services provided through the program.

### **Northeast Home Medical**

60 Cohoes Ave  
Green Island, NY 12183  
(518) 271-9600

**DME/HME Products**

### **NurseCore**

1218 Central Ave  
Albany, NY 12205  
(518) 438-3900

**Home Care Services:** Medicare and Medicaid not accepted.

### **Patient Advocate Foundation (PAF) Co-Pay Relief Patient Assistance Program**

[www.copays.org](http://www.copays.org)

**Advocacy/Financial Assistance:** Patient Advocate Foundation's Co-Pay Relief (CPR) Program provides direct co-payment assistance for pharmaceutical products to insured Americans who financially and medically qualify. The Program offers personal service to all patients through the use of CPR call counselors; personally guiding patients through the simple enrollment process.

### **Prime Care**

10 Walker Ave  
Albany, NY 12205  
(519) 456-6192

**DME/HME products**

### **Ronald McDonald House**

139 South Lake Avenue  
Albany, NY 12208  
(518) 438-2655

[www.rmhofalbany.org](http://www.rmhofalbany.org)

**Support Services/ Housing:** Provides comfort, support and respite for families of seriously ill children in a compassionate and home-like environment.

### **Rosie's Love**

(518) 448-LOVE (4863)

[www.rosieslove.com](http://www.rosieslove.com)

**Support Services:** Provides emotional and financial support to families who have children in the Child Cancer Program at Albany Medical Center.

### **Self-Help for Women with Breast or Ovarian Cancer (SHARE)**

1-866-537-4273

**Support Services:** Provides technical assistance to groups and organizations in the northeastern region of New York state who work with ovarian cancer survivors to develop a peer-led model of cancer support. This hotline is designed to give information and support to women experiencing breast or ovarian cancer. For those interested in volunteering to be a hotline volunteer, call 1-866-537-4273.

### **St. Jude Research Hospital**

(518) 453-6800

**Service Providers/Support Services:** Center for research and treatment of leukemia and other catastrophic childhood diseases.

### **St. Peter's Home Care**

159 Wolf Road  
Albany, NY 12205

(518) 525-6000  
(800) 265-3294

**Home Health Care Agencies/Home Care Service Agencies**

**St. Peter's Cancer Care Center**

317 South Manning Boulevard, Suite 100  
Albany, NY 12208

(518) 525-1547 Cancer Information Line  
(see specific department numbers below)

[www.stpetershealthcare.org](http://www.stpetershealthcare.org)

**Service Providers/Support Service:** St. Peter's Cancer Care Center provides for the physical, psychosocial and spiritual needs of cancer patients and their families. Their comprehensive program begins with prevention and detection. They follow through with state-of-the-art diagnosis, treatment, follow-up, support and continuing care. They have been approved as a comprehensive, community based cancer care program by the American College of Surgeons Commission on Cancer since 1988. In 2004, the Commission on Cancer granted a three-year approval to the program, indicating that St. Peter's Cancer Care Center demonstrates compliance with all mandatory standards for organizational and operational elements.

The radiation oncology program is accredited by the American College of Radiation Oncology and they are a member of the Association of Community Cancer Centers.

St. Peter's Cancer Care Center involves an expert team of medical oncologists, pathologists, radiologists and surgeons providing a comprehensive range of services, including:

**Medical Imaging**

- MRI (Magnetic Resonance Imaging)
- PET (Positron Emission Tomography) Scanner
- 16-slice CT (Computed Tomography)
- St. Peter's Breast Center (518) 525-7536

**Chemotherapy**

- Access to top national clinical trials
- Chemotherapy on hospital campus (December, 2007)

**Advanced Radiation Therapies**

- External Beam Radiation Therapy
- High Dose Rate Brachytherapy
- Intensity Modulated Radiation Therapy (IMRT)
- Prostate Seed Implant
- Stereotactic Radiosurgery
- External Beam Radiation Therapy
- High Dose Rate Brachytherapy
- Intensity Modulated Radiation Therapy (IMRT)
- Prostate Seed Implant
- Stereotactic Radiosurgery
- Mammosite
- **Novalis® Shaped Beam Surgery** :This dedicated system for non-invasive stereotactic radiosurgery and radiotherapy (SRS/SRT), represents cutting-edge technology for highly precise treatments of brain as well as head & neck tumors, arteriovenous malformations and certain functional disorders. For more information contact The Cancer Care Center at (518) 525-1404

**Support Services**

- Enterostomal Therapy
- Palliative Care (including pain and symptom management)
- Complementary Therapies for more information contact Alicia Recore PhD energy medicine (518) 525-7411
- Community Hospice/Bereavement Services for more information call 1-(800) 678-0711
- Nutrition Services
- Social Work /Behavioral Health for more information contact
- Spiritual Care
- Becky's House (home away from home for patients and families of St. Peters Hospital for more information call (518) 438-1212

**Community Outreach Nurse**

- Support Groups for patients, families and caregivers
- Cancer Screenings
- Cancer Resource Information Line (518) 525-1547 questions answered within 24 hours
- Educational and Wellness Programs



25 Hackett Boulevard  
Albany, NY 12208  
(518) 262-3341

711 Troy Schenectady Road  
Latham, NY 12110  
518-262-3341

5 Southside Drive  
Suite 204  
Clifton Park, NY 12065  
518-262-3341

Schodack Family Practice  
77 Miller Road  
Schodack, NY 12033  
518-262-3341

**Service Providers/Support Services:** Clinical research trials in renal, bladder and prostate cancers. Urological Oncology trained specialists and principal investigators for clinical trials in prostate, bladder and renal carcinoma. Practice also includes pediatric specialists, specialists in female urology, incontinence in men and women, erectile dysfunction, robotic computerized assisted prostatectomy, laparoscopy, stone diseases and general urology.

## **Visiting Nurses Association**

*Multiple Locations:*

The Eddy  
433 River Road  
Troy, NY 12180  
(518) 274-6200

Visiting Nurses Association of Albany, Inc.  
35 Colvin Avenue  
Albany, NY 12206  
(518) 489-2681  
[www.vnaalbany.org](http://www.vnaalbany.org)

Visiting Nurses Association of Rensselaer  
8 Brunswick Road  
Troy, NY 12180  
(518) 272-3091

Visiting Nurses Association of Schenectady  
108 Erie Boulevard  
Schenectady, NY 12305  
(518) 382-7932

**Home Health Agencies/Home Care Service Agencies:**

## **Wiawaka Holiday House**

Off-season (October – May):  
(518) 203-3101

In-season (June-September):  
3778 State Route 9L  
Lake George, NY 12845  
(518) 668-9690  
[www.wiawaka.org](http://www.wiawaka.org)

**Camp and Retreats:** American's oldest women's retreat located on 60 acres on Lake George offers periodic retreats in conjunction with Zonta & CRAAB for women living with cancer, such as Dreams & Healing Workshop with Wanda Burch. The facility, which is listed on the National Register of Historic Places, is open June through September.

## **Women's Cancer Care Associates**

319 South Manning Blvd., Suite 301  
Albany, NY 12208

(518) 458-1390

Also located at:

Dyson Center for Cancer Care  
45 Reade Place, Third Floor  
Poughkeepsie, NY 12601

**Service Providers:** Offer services on gynecologic oncology and surgery care. Treating physicians include Daniel C. Kredentser, MD, Patrick F. Timmins III, MD, Timothy J. McElrath, MD, and Thomas P. Morrissey, MD.

## **YMCA Circle of Champs**

(518) 285-8157

**Camps and Retreats/Wellness Promotion and Recreation:** Dedicated to improving the quality of life of children and families who have been touched by a life-threatening illness through free events such as week long day camps at Camp Nassau, holiday parties, and NY Giants training camp trips.

## INTERNET RESOURCES

### *Caregiver Assistance*

#### **Care Pages – Support and Community for Coping with Illness**

[www.carepages.com](http://www.carepages.com)

CarePages are free, personal, private Web pages that help family and friends communicate when someone is facing illness.

#### **CaringBridge**

<http://caringbridge.org>

Provides free personalized websites that support and connect loved ones during critical illness and recovery.

#### **Lots Helping Hands**

[www.lotsahelpinghands.com](http://www.lotsahelpinghands.com)

Lotsa Helping Hands is a free web-based program that allows friends, family, colleagues, and neighbors to assist loved ones in need. One creates an easy-to-use, private group calendar to coordinate help such as delivery of meals, rides, and other tasks necessary for life to run smoothly during a crisis.

#### **Family Caregiving & Eldercare Resources – Strength for Caring**

[www.strengthforcaring.com](http://www.strengthforcaring.com)

Strength for Caring is an online resource and community for family caregivers. Strength for Caring helps family caregivers take care of their loved ones and themselves. Strength for Caring is part of The Caregiver Initiative, created by Johnson & Johnson Consumer Products Company, Division of Johnson & Johnson Consumer Companies, Inc.

#### **National Family Caregivers Association**

[www.nfcacares.org](http://www.nfcacares.org)

The National Family Caregivers Association educates, supports, empowers and speaks up for the more than 50 million Americans who care for loved ones with a chronic illness or disability or the frailties of old age. NFCA reaches across the boundaries of diagnoses, relationships and life stages to address the common needs and concerns of all family caregivers.

### *Clinical Trial Search Sites*

*Note: A cancer clinical trial is a carefully controlled research study conducted by doctors to improve the care and treatment of cancer patients. A treatment that is proven safe and effective in a cancer trial is often approved by the U.S. Food and Drug Administration for use as a standard treatment if it is more effective or has fewer side effects than the current standard treatment.*

#### **Coalition of Cancer Cooperative Groups**

[www.CancerTrialsHelp.org](http://www.CancerTrialsHelp.org)

This nonprofit organization provides up-to-date information on available cancer clinical trials. It is easy to navigate, and provides the user with a list of available trials according to diagnosis, including the eligibility criteria, location and contact information.

#### **National Cancer Institute**

[www.cancer.gov/clinicaltrials/search/](http://www.cancer.gov/clinicaltrials/search/)

This site contains NCI's list of 6,000+ clinical trials accepting participants.

### *Financial Assistance*

#### **Dignity Resources, Inc.**

[www.dignityresources.com](http://www.dignityresources.com)

Non-profit organization created to help people understand the assets and financial options available to them during a serious or life-threatening illness and assist them in making the most informed choices possible given their particular life situation assets, and needs.

#### **Needy Meds**

[www.needy meds.com](http://www.needy meds.com)

NeedyMeds is the best source of information for people who need help with the cost of medicine and other healthcare expenses. This site is like the Yellow Pages. We do not supply medications or financial assistance but we do provide information so you can find programs that will help you.

### **Partnership for Prescription Assistance**

[www.PPARx.org](http://www.PPARx.org)

The Partnership for Prescription Assistance brings together America's pharmaceutical companies, doctors, other health care providers, patient advocacy organizations and community groups to help qualifying patients who lack prescription coverage get the medicines they need through the public or private program that's right for them. Many will get them free or nearly free. Its mission is to increase awareness of patient assistance programs and boost enrollment of those who are eligible.

### **Patient Advocate Foundation (PAF) Co-Pay Relief Patient Assistance Program**

[www.copays.org](http://www.copays.org)

Patient Advocate Foundation's Co-Pay Relief (CPR) Program provides direct co-payment assistance for pharmaceutical products to insured Americans who financially and medically qualify. The Program offers personal service to all patients through the use of CPR call counselors; personally guiding patients through the simple enrollment process.

### **Social Security Disability Programs**

[www.socialsecurity.gov/disability](http://www.socialsecurity.gov/disability)

The Social Security and Supplemental Security Income disability programs are the largest of several Federal programs that provide assistance to people with disabilities. While these two programs are different in many ways, both are administered by the Social Security Administration and only individuals who have a disability and meet medical criteria may qualify for benefits under either program

## ***Make a Wish Organizations***

### **Dream Foundation**

[www.dreamfoundation.org](http://www.dreamfoundation.org)

The first national organization granting dreams to terminally ill adults.

### **Fairygodmother Foundation**

[www.fairygodmother.org](http://www.fairygodmother.org)

Fairygodmother Foundation is a national 501(c)(3) organization that grants wishes to adults facing terminal illness.

### **Make-A-Wish Foundation**

[www.wish.org](http://www.wish.org)

Grants the wishes of children with life threatening medical conditions to enrich the human experience with hope, strength and joy.

## ***Organizations offering Multiple types of Assistance***

### **American Cancer Society**

[www.cancer.org](http://www.cancer.org)

Get help making treatment decisions, understanding the effects of treatment, finding treatment centers and doctors, coping with side effects, and talking with others.

### **Brain Tumor Society**

[www.tbts.org](http://www.tbts.org)

Offers the latest information for the entire brain tumor community, from newly diagnosed patients, to survivors, families and healthcare professionals. Their intent is to provide easy access to needed resources, and to make visits to their site a positive experience.

### **Empire Justice Center**

<http://www.empirejustice.org>

With a focus on poverty law, Empire Justice undertakes research and training, acts as an informational clearinghouse, and provides litigation backup to local legal services programs and community based organizations. As an advocacy organization, we engage in legislative and administrative advocacy on behalf of those impacted by poverty and discrimination. As a non-profit law firm, we provide legal assistance to those in need and undertake impact litigation in order to protect and defend the rights of disenfranchised New Yorkers.

### **FertileHOPE**

[www.fertilehope.org](http://www.fertilehope.org)

FertileHOPE is a nonprofit organization dedicated to helping cancer patients faced with infertility.

### **Livestrong**

[www.livestrong.org](http://www.livestrong.org)

The Lance Armstrong Foundation inspires and empowers people affected by cancer. They help people with cancer focus on living: they believe unity is strength, knowledge is power and attitude is everything. From the moment of diagnosis the LAF provides the practical tools and people with cancer need to live life on their own terms.

### **The Leukemia & Lymphoma Society**

[www.lls.org](http://www.lls.org)

Information about leukemia, lymphoma, Hodgkin's lymphoma, myelodysplastic syndromes and myeloma is available on-line along with valuable information about clinical trials, treatment, and many support services. Subscribe to the free eNewsletter to receive on-going updates about leukemia, lymphoma or myeloma.

### **Lymphoma Research Foundation**

[www.lymphoma.org](http://www.lymphoma.org)

This website provides valuable information about the different types of lymphoma – [Hodgkin lymphoma](#) and [non-Hodgkin lymphoma](#), diagnostic techniques that may be used by health care practitioners, and treatment options. It also has the latest research findings and provides help for searching for [clinical trials](#).

### **National Cancer Institute**

[www.cancer.gov](http://www.cancer.gov)

As part of the US National Institutes of Health, this site provides a good starting point for all things related to every cancer diagnosis and treatment options. It includes information on all types of cancer, clinical trials, treatments, prevention and coping.

### **National Coalition for Cancer Survivorship**

<http://www.canceradvocacy.org>

This is a survivor-led organization dedicated to advocacy and the delivery of programs that educate and empower cancer survivors.

### **National Institutes of Health**

<http://www.nih.gov>

At this site you will find an A-Z index of NIH health resources, clinical trials, MedlinePlus, and health hotlines.

### **Prostate Cancer Foundation**

[www.prostatecancerfoundation.org](http://www.prostatecancerfoundation.org)

The Prostate Cancer Foundation funds high-impact research to find better treatments and a cure for prostate cancer. The website provides information on prostate cancer including symptoms, treatment and side effects.

### **Support for People with Oral and Head & Neck Cancer, Inc.**

<http://www.spohnc.org>

1-800-377-0928

SPOHNC is a patient-directed, self-help organization dedicated to meeting the needs of oral and head and neck cancer patients. SPOHNC, founded in 1991 by an oral cancer survivor, addresses the broad emotional, physical and humanistic needs of this population. Local support group meetings are held at Gilda's Club of the Capital Region in Latham.

### **Susan G. Komen for the Cure**

[www.komen.org](http://www.komen.org)

The mission of this organization is to save lives and end breast cancer forever by empowering people, ensuring quality care for all and energizing science to find the cures. The website provides comprehensive information on breast cancer and support services.

### **WebMD**

[www.webmd.com](http://www.webmd.com)

WebMD provides timely and credible health information, tools for managing one's health, and support to those who seek information.

## ***Social Supports***

### **Association of Oncology Social Workers**

[www.aosw.org](http://www.aosw.org)

Over 1000 Association of Oncology Social Work (AOSW) members from around the world are committed to advancing excellence in psychosocial care of persons with cancer, their families and their caregivers. This website provides a listing of oncology social workers and resources available for cancer patients and families.

### **Cancer Care**

[www.cancercare.org](http://www.cancercare.org)

CancerCare is a national nonprofit organization that provides free, professional support services for anyone affected by cancer.

### **Chemo Angels**

[www.chemoangels.com](http://www.chemoangels.com)

Chemo Angels is a volunteer organization dedicated to adding a ray of sunshine to the lives of those undergoing IV chemotherapy treatment. We believe people going through the physical, emotional and mental rigors of chemotherapy deserve some encouragement.

### **Chemo Chicks**

[www.chemochicks.com](http://www.chemochicks.com)

Empowering women with cancer their loved ones with style, humor and dignity.

### **Gilda's Club Capital Region New York**

[www.gccrny.org](http://www.gccrny.org)

The mission of **Gilda's Club Capital Region New York** is to provide a welcoming place where men, women and children living with cancer and their families and friends can find social and emotional support. Warm, home-like and non-residential, Gilda's Club Capital Region New York offers support and networking groups, lectures, workshops, and social events free of charge to its members.

### **I'm too young for this!**

[www.imtooyoungforthis.org](http://www.imtooyoungforthis.org)

A resource portal for young adults.

### **Starlight Starbright Children's Foundation**

[www.starlight.org](http://www.starlight.org)

Starlight Starbright Foundation brings together experts from pediatric health care, technology and entertainment to create programs that educate, entertain and inspire seriously ill children. Included on the website are a series of animated stories called webisodes that help children and teens cope with cancer and treatment. Also available is an online social network for teens with serious illnesses that include chat and blog opportunities.

### **Steps for Living; The Creative Voice of Cancer Survivorship**

[www.stepsforliving.org](http://www.stepsforliving.org)

Steps for Living uses the power of the arts to raise awareness about what it means to be a cancer survivor by educating and empowering young adults with everyday steps for living through and beyond their darkest hours.

### **The Wellness Community**

[www.thewellnewwcommunity.org](http://www.thewellnewwcommunity.org)

A free program of support, education and hope for people with cancer and their loved ones. Services include cancer support groups and cancer information.